



Track Day/Super Sprint Check List

Car Preparation

Engine Bay/Drivetrain

- Engine Oil
 - o Check Level
 - o Max 2 Track Days old
 - o Max 5000 road km
- Coolant
 - o Check Level
 - o Check overflow bottle
- Transmission Oil
 - o Check Level
 - o Max 2 HOT Track Days old
 - o Max 20,000 road km
- Differential Oil
 - o Check Level
 - o Max 2 HOT Track Days old
 - o Max 20,000 road km
- Check for leaks
- Check battery and terminals secure

Suspension

- Check Sway Bar mounts and links
- Check all chassis nuts
- Wheel alignment

Brakes

- Inspect Brake Lines
- Pads
 - o >½ pad material remaining
 - o >3mm from “ash line” to base plate
- Discs
 - o Check minimum thickness (slots exist)
 - o Check for cracks, etc
- Flush Brake Fluid with **NEW** high temp fluid

Tyres

- Inspect
 - o adequate tread depth/excessive wear
- Check tyre pressure
- Torque wheel nuts to ~90-100Nm
- Clean rims
- Check suspension clearance
- Install metal valve caps

Interior

- Check Fire Extinguisher
 - o Meets CAMS specification
 - o Securely mounted
 - o Charge ok
 - o **Date – maximum 3 years since service**

Exterior

- Wash car
- Check brake lights
- Tow hooks (front/rear)

What to take to the track...

Tools

- Socket Set (10,12,13,14,15,17,19mm)
- Ring Spanners (10,12,13,14,15,17,19mm)
- Open End Spanners (10,12,13,14,15,17,19mm)
- Torque Wrench
- Wheel brace
- Tyre pressure guage
- Trolley Jack, jack stands and wheel chocks
- Basic Brake Bleed Kit
- Assorted Cable ties
- Torch
- Stanley Knife
- Scissors

Spares/Supplies

- Engine Oil
- Extra set of brake pads
- Brake fluid (new bottle, or very recently opened)
- Spare wheel studs
- Spare wheel nuts
- Electrical Tape
- Race Tape
- Rags
- Hand cleaner

Clothing

- Helmet
 - o AS1698 or better
 - o No damage, no stickers
- HANS device
- Non-flammable, neck to wrist to ankle clothing and shoes – no Nylon!
- Race suit/socks/balaclava (optional)
- Gloves (option)
- Boots (optional)
- Work Gloves (heat/oil resistant)

Scrutineering items

- CAMS/AASA Licence
- Club membership card
- Completed Entry Form
- Under 18 waiver if required
- Race Numbers
- Blue Battery Triangle
- Clear contact to cover glass lights
- Performance/Data Recorder
 - o Secure mount
 - o Secondary tether
- Cameras
 - o Secure mount
 - o Secondary tether